



BLUE ROCK

CAFÉ & RESTAURANT

FOOD MENU

- I. BREAKFAST**
- II. SANDWICHES**
- III. LIGHT MEALS AND NIBBLES**
- IV. SALADS**
- V. PIZZA A LA ITALIA**
- VI. BURGERS**
- VII. SCHNITZELS**
- VIII. DESSERT**

Please note: **V** - Vegetarian
: **V** - Vegan



I. BREAKFAST:

V MUFFIN

currently unavailable

(Variety of flavours available)

A muffin served with butter, jam & cheese

BLUE ROCK BREAKFAST

R92

Two eggs (fried/scrambled) crisp bacon, boerewors,
Grilled tomato, two slices of toast (white/brown) & butter

V VEGETARIAN BREAKFAST

R85

A fried egg on home-made bread with chips, mushrooms,
Grilled baby marrows & tomato

BREAKFAST BURGER

R160

180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, egg, lettuce,
Tomato, cheddar cheese & caramelized onions
(Home-made patty & bread)
Includes fries

BREAKFAST PIZZA

R160

Bacon, smoked sausage, mushrooms, egg & tomato

EXTRAS:

Egg	R12
Butter & Jam	R15
Two slices of toast	R15
Home-made bread	R19
Cheese	R28
Boerewors	R32
Bacon	R32

10 % service fee will be added to your bill.



II. TOASTED SANDWICHES:

White/brown bread and garnished with some chips

V Cheese	R52
V Cheese & Tomato	R60
Cheese & Ham	R70
Chicken Mayonnaise	R70
Bacon & Egg	R70

GOURMET SANDWICHES

BLUE ROCK CLUB SANDWICH	R125
Chicken mayonnaise, bacon, lettuce, tomato & Cheddar cheese on home-made bread	
Add avocado	Seasonal

10 % service fee will be added to your bill.



III. LIGHT MEALS & NIBBLES:

V PORTION OF CRISPY CHIPS	R35
FRANKFURTER (90G) SERVED WITH KETCHUP / MUSTARD On home-made bread	R45
BOCKWURST On home-made bread	R45
BOEREWORS GLAZED WITH BBQ ONIONS On home-made bread	R45
CRUMBED CHICKEN FILLET STRIPS WITH CHIPS With a creamy herb dip sauce	R135

IV. SALADS:

V GREEK SALAD Lettuce, cherry tomatoes, carrots, feta, egg, cucumbers & olives, served with Blue Rock French house dressing	R105
TUNA SALAD Lettuce, cherry tomatoes, carrot & cucumbers, Topped with tuna, served with Blue Rock French house dressing	R120
V BLUE ROCK SALAD Cherry tomatoes beetroot, butternut, mixed lettuce & walnuts Add avocado	R120 Seasonal
GRILLED CHICKEN STRIP SALAD Grilled chicken strips served with lettuce, tomato, Carrots & cucumber, served with Blue Rock French house dressing	R120
CRUMBED CHICKEN STRIP SALAD Crumbed chicken strips served with lettuce, tomato, Carrots & cucumber, served with Blue Rock French house dressing	R125

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V. PIZZA A LA ITALIA:

Our pizzas have a thin base with a 30 cm crust. All pizzas are based With our home-made tomato sauce, Garlic, olive oil & Italian Herbs, topped with our unique blend of mozzarella & matured Cheddar cheeses.

V MARGHERITA	Plain oil (no garlic) Tomato, mozzarella, herbs	R100
V MEDITERRANEAN	Mediterranean vegetables, onion, Italian herbs * No cheese	R120
V AUBERGINE	Eggplant, tomato, basil, mozzarella	R130
V VEGETARIAN	Butternut, beetroot, cherry tomato, Carrots, basil	R130
REGINA	Gypsy ham, mushrooms	R130
HAWAII	Gypsy ham, pineapple	R130
DIABOLO	Hot salami, chilli, peppers	R140

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PIZZA A LA ITALIA:

BOLOGNESE Bolognese meat sauce, spinach	R140
ADRIA Mediterranean vegetables, feta, bacon	R145
LIVORNO Mediterranean vegetables, feta, roasted chicken	R145
ROMA Salami, spinach, feta, cherry tomatoes	R145
BLUE ROCK PIZZA BBQ chicken, chilli, peppers, onion	R145
ASIATICA Sweet & spicy chicken, pineapple, cherry tomatoes, onions	R145
BREAKFAST PIZZA Bacon, smoked sausage, mushrooms, egg & tomato	R160
EXOTICA Bacon, avocado, feta *avocado seasonal	R160

Available

- * Home-made chilli sauce
- *Garlic

PIZZA EXTRAS:

Egg / Onion	R12
Mediterranean Vegetables	R20
Feta / Pineapple / Mushroom / Rocket	R28
Bacon/ Ham /Bockwurst / Boerewors	R32
Bolognese Meat Sauce / Chicken / Salami	R32
Avocado	Seasonal

10 % service fee will be added to your bill.



VI. BURGERS:

(All burgers with home-made patty & home-made bread)
(Meat is from grass fed livestock)
All burgers are served with either chips, green salad or
Grilled vegetables

BEEF/CHICKEN BURGER R105
180g beef patty or a grilled chicken breast,
With onions, lettuce & tomato

CRUMBED CHICKEN BURGER R125
Crumbed chicken fillet with onions, lettuce & tomato

HAWAIIAN BURGER R145
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, pineapple, lettuce, tomato,
Cheddar cheese & caramelized onions

BLUE ROCK GOURMET BURGER R155
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, lettuce, tomato,
Cheddar cheese & caramelized onions
*You can replace bacon with eggplant

BREAKFAST BURGER R160
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, egg, lettuce, tomato,
Cheddar cheese & caramelized onions

EXTRAS:

Cheese	R28
Mushroom or Pepper Sauce	R30
Grilled Chicken Breast	R40
180g Burger Patty	R60
Portion of Veggies / Side Salad	R45
Avocado	Seasonal

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VII. SCHNITZELS:

WIENER SCHNITZEL & CHIPS

R145

Crumbed chicken breast fried to golden brown perfection,
Served with a lemon wedge

CORDON BLEU & CHIPS

R165

Crumbed chicken schnitzel filled with gypsy ham & cheese,
Served with a lemon wedge

EXTRAS:

Creamy Herb Dip

R25

Mushroom/ Pepper/ Hungarian sauce

R30

Portion of Veggies

R45

Portion of Side Salad

R45

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VIII. DESSERTS:

SUGAR CONE

1 SCOOP	R25
2 SCOOPS	R44
Vanilla, chocolate or strawberry	

MILK SHAKES

Vanilla or chocolate or strawberry or coffee	R45
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DOM PEDRO

Kahlua blended with vanilla ice cream	R75
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ICE CREAM COFFEE

Vanilla ice cream in iced black coffee topped With whipped cream	R75
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COUPE DENMARK

Vanilla ice cream & hot chocolate sauce & whipped cream	R90
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HOTBERRY COUPE

Vanilla ice cream with whipped cream and hot berry sauce	R90
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CAKE SLICE

Variety of flavours	POR
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