



BLUE ROCK

CAFÉ & RESTAURANT

FOOD MENU

- I. BREAKFAST**
- II. SANDWICHES**
- III. LIGHT MEALS AND NIBBLES**
- IV. SALADS**
- V. PIZZA A LA ITALIA**
- VI. BURGERS**
- VII. SCHNITZELS**
- VIII. DESSERT**

Please note: **V** - Vegetarian
: **V** - Vegan



I. BREAKFAST:

V MUFFIN

currently unavailable

(Variety of flavours available)

A muffin served with butter, jam & cheese

BLUE ROCK BREAKFAST

R110

Two eggs (fried/scrambled) crisp bacon, boerewors,
Grilled tomato, two slices of toast (white/brown) & butter

V VEGETARIAN BREAKFAST

R90

A fried egg on home-made bread with chips, mushrooms,
Grilled baby marrows & tomato

BREAKFAST BURGER

R160

180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, egg, lettuce,
Tomato, cheddar cheese & caramelized onions
(Home-made patty & bread)
Includes fries

BREAKFAST PIZZA

R175

Bacon, smoked sausage, mushrooms, egg & tomato

EXTRAS:

Egg	R12
Butter & Jam	R15
Two slices of toast	R15
Home-made bread	R19
Cheese	R30
Boerewors	R32
Bacon	R32

10 % service fee will be added to your bill.



II. TOASTED SANDWICHES:

White/brown bread and garnished with some chips

V Cheese	R57
V Cheese & Tomato	R65
Cheese & Ham	R80
Chicken Mayonnaise	R80
Bacon & Egg	R80

GOURMET SANDWICHES

BLUE ROCK CLUB SANDWICH	R140
Chicken mayonnaise, bacon, lettuce, tomato & Cheddar cheese on home-made bread	
Add avocado	Seasonal

10 % service fee will be added to your bill.



III. LIGHT MEALS & NIBBLES:

V PORTION OF CRISPY CHIPS	R40
FRANKFURTER (90G) SERVED WITH KETCHUP / MUSTARD On home-made bread	R50
BOCKWURST On home-made bread	R50
BOEREWORS GLAZED WITH BBQ ONIONS On home-made bread	R50
CRUMBED CHICKEN FILLET STRIPS WITH CHIPS With a creamy herb dip sauce	R145

IV. SALADS:

V GREEK SALAD Lettuce, cherry tomatoes, carrots, feta, egg, cucumbers & olives, served with Blue Rock French house dressing	R115
TUNA SALAD Lettuce, cherry tomatoes, carrot & cucumbers, Topped with tuna, served with Blue Rock French house dressing	R135
V BLUE ROCK SALAD Cherry tomatoes beetroot, butternut, mixed lettuce & walnuts Add avocado	R135 Seasonal
GRILLED CHICKEN STRIP SALAD Grilled chicken strips served with lettuce, tomato, Carrots & cucumber, served with Blue Rock French house dressing	R135
CRUMBED CHICKEN STRIP SALAD Crumbed chicken strips served with lettuce, tomato, Carrots & cucumber, served with Blue Rock French house dressing	R140

10 % service fee will be added to your bill.



V. PIZZA A LA ITALIA:

Our pizzas have a thin base with a 30 cm crust. All pizzas are based With our home-made tomato sauce, Garlic, olive oil & Italian Herbs, topped with our unique blend of mozzarella & matured Cheddar cheeses.

V MARGHERITA		
Plain oil (no garlic) Tomato, mozzarella, herbs		R110
V MEDITERRANEAN		R130
Mediterranean vegetables, onion, Italian herbs * No cheese		
V AUBERGINE		R145
Eggplant, tomato, basil, mozzarella		
V VEGETARIAN		R145
Butternut, beetroot, cherry tomato, Carrots, basil		
REGINA		R145
Gypsy ham, mushrooms		
HAWAII		R145
Gypsy ham, pineapple		
DIABOLO		R155
Hot salami, chilli, peppers		

10 % service fee will be added to your bill.



PIZZA A LA ITALIA:

BOLOGNESE Bolognese meat sauce, spinach	R155
ADRIA Mediterranean vegetables, feta, bacon	R160
LIVORNO Mediterranean vegetables, feta, roasted chicken	R160
ROMA Salami, spinach, feta, cherry tomatoes	R160
BLUE ROCK PIZZA BBQ chicken, chilli, peppers, onion	R160
ASIATICA Sweet & spicy chicken, pineapple, cherry tomatoes, onions	R160
BREAKFAST PIZZA Bacon, smoked sausage, mushrooms, egg & tomato	R175
EXOTICA Bacon, avocado, feta *avocado seasonal	R175

Available

- * Home-made chilli sauce
- *Garlic

PIZZA EXTRAS:

Egg / Onion	R13
Mediterranean Vegetables	R22
Feta / Pineapple / Mushroom / Rocket	R30
Bacon/ Ham /Bockwurst / Boerewors	R35
Bolognese Meat Sauce / Chicken / Salami	R35
Avocado	Seasonal

10 % service fee will be added to your bill.



VI. BURGERS:

(All burgers with home-made patty & home-made bread)
(Meat is from grass fed livestock)
All burgers are served with either chips, green salad or
Grilled vegetables

BEEF/CHICKEN BURGER R120
180g beef patty or a grilled chicken breast,
With onions, lettuce & tomato

CRUMBED CHICKEN BURGER R135
Crumbed chicken fillet with onions, lettuce & tomato

HAWAIIAN BURGER R145
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, pineapple, lettuce, tomato,
Cheddar cheese & caramelized onions

BREAKFAST BURGER R160
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, egg, lettuce, tomato,
Cheddar cheese & caramelized onions

BLUE ROCK GOURMET BURGER R165
180g beef patty or a grilled chicken breast,
Glazed with BBQ sauce, bacon, lettuce, tomato,
Cheddar cheese & caramelized onions
*You can replace bacon with eggplant

EXTRAS:

Cheese	R30
Mushroom or Pepper Sauce	R33
Grilled Chicken Breast	R44
180g Burger Patty	R65
Portion of Veggies / Side Salad	R50
Avocado	Seasonal

10 % service fee will be added to your bill.



VII. SCHNITZELS:

WIENER SCHNITZEL & CHIPS

R155

Crumbed chicken breast fried to golden brown perfection,
Served with a lemon wedge

CORDON BLEU & CHIPS

R175

Crumbed chicken schnitzel filled with gypsy ham & cheese,
Served with a lemon wedge

EXTRAS:

Creamy Herb Dip

R28

Mushroom/ Pepper/ Hungarian sauce

R33

Portion of Veggies

R50

Portion of Side Salad

R50

10 % service fee will be added to your bill.



VIII. DESSERTS:

SUGAR CONE

1 SCOOP	R28
2 SCOOPS	R48
Vanilla, chocolate or strawberry	

MILK SHAKES

Vanilla or chocolate or strawberry or coffee	R49
--	-----

ICE CREAM COFFEE

Vanilla ice cream in iced black coffee topped With whipped cream	R75
---	-----

DOM PEDRO

Kahlua blended with vanilla ice cream	R80
---------------------------------------	-----

COUPE DENMARK

Vanilla ice cream & hot chocolate sauce & whipped cream	R90
---	-----

HOTBERRY COUPE

Vanilla ice cream with whipped cream and hot berry sauce	R90
--	-----

CAKE SLICE

Variety of flavours	POR
---------------------	-----

10 % service fee will be added to your bill.